



LUNCH

served M-F 11am-3pm

***THE RAY – \$15**

ham reuben, house made kraut, russian dressing, house made pickles, rye

CHICKEN WRAP – \$12 (GF)

spring mix, tomato, onion, parmesan, house sauce. Choice of - crispy buffalo chicken, grilled chicken, or bacon

***BLAT – \$12**

bacon, lettuce, avocado, tomato, pesto mayo

CHOP SALAD - \$10 (GF)

Romaine, tomato, bacon, egg, blue cheese, citrus basil vinaigrette

***GRILLED CHEESE - \$11**

bacon, tomato, cheddar jack, sourdough

PESTO BURGER – \$14

St. Helen's 5 oz patty, spinach, tomato, pesto, fried shallots, house sauce, potato bun

BBQ CHICKEN FLATBREAD - \$15

house bbq sauce, grilled chicken, mozzarella, fried shallots

***EGG SALAD SANDWICH - \$11 (V)**

egg, lettuce, house pickles, mama lils peppers, house sauce, rye

SOUP OF THE DAY - \$7

***HALF SANDWICH AND CUP OF SOUP - \$10**

**Sandwiches come with choice of fries, soup, or salad (house or caesar)

V: VEGETARIAN — VN: VEGAN — GF: GLUTEN FREE

THE CONSUMPTION OF RAW OR UNDER-COOKED
POTENTIALLY HAZARDOUS FOODS
MAY RESULT IN FOOD-BOURNE ILLNESS

**20% GRATUITY FOR PARTIES OF 8 OR MORE
PARTIES OF 10+ ALL ONE CHECK**

**HEAD CHEF: JASON SUTTMILLER :: GM: ALI SCOTT
AGM: RED MCCULLEY**